



Checklist

Health Care Professional Advocacy

Plan

- Complete the Institutional Needs Assessment Tool: Building an Institutional Commitment to Pain Management.
- Evaluate your circle of colleagues and associates from your place of work, alma mater and professional societies and determine who may be influential in supporting initiatives to improve pain care.
- Consider whether or not you can help advocate for people with pain through these connections.
- Determine the best way for you to utilize your credentials to help support people with pain. Will you testify before a state licensing board? Encourage your patients to consider a clinical trial?

Do

- Stay informed of current events in the pain community through journals and professional society meetings. Consider joining or starting a special interest group about pain or pain advocacy.
- Connect with your contacts to discuss your pain advocacy outreach efforts.
- Consider how you can help with other forms of advocacy, including media and community outreach.
- Advocate for your patients in pain!

Check

- Make sure that you inform your employer's public affairs department that you are interested and available to speak out on behalf of people with pain.

Act

- Consider more formally engaging in a media training or professional pain advocacy program.
- Get started with your pain advocacy efforts – your patients need your support!